



**DATE:** April 4<sup>th</sup> – April 6<sup>th</sup>, 2025

**MEET LOCATION:** Concordia University (Gangelhoff Center)

235 Hamline Ave N St Paul, MN 55104

**PARKING:** To make your arrival as smooth as possible, we've provided two parking maps. Please note that while some lots are designated as 'Permit Parking Only' during regular hours, these restrictions **do not apply during our event.**

**ADMISSIONS:** \$20 Adults, \$15 Children (6-17) & Seniors. Children 5 and under are free

**PHOTOGRAPHY RESERVATIONS SIGN UP:**

<https://www.sportslinphotography.com/action-events/reservations/gymnastics/mens-region-2-regionals-april-4th-6th-2025/>

**SENIORS:** Senior athletes will be recognized directly after their respective competition session

**APPAREL:** Fine Designs will sell merchandise on-site for customization and purchase

**MEET HOST:** Elite Gymnastics Academy (EGA)

12500 Chowen Ave S, Burnsville, MN 55337

[www.elite-gymnastics.com](http://www.elite-gymnastics.com)

(952) 882-9012

**MEET DIRECTOR:** Oksana Balakirev

# SCHEDULE

## Friday, April 4<sup>th</sup>:

### **SESSION 1 – Future Stars and Technical Sequences**

*Capital Cup*

Open Stretch – 8:00am

March-in/Competition – 8:20am

### **SESSION 2 – Level 6 and Level 7**

*Capital Cup*

Open Stretch – 12:00pm

March-in/Competition – 12:20pm

**Following the conclusion of this session, the Level 6 team awards will be presented**

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### **SESSION 3 – Level 7**

*Capital Cup*

Open Stretch – 4:00pm

March-in/Competition – 4:20pm

**Following the conclusion of this session, the Level 7 team awards will be presented**

## Saturday, April 5<sup>th</sup>:

### **SESSION 4 – Levels 5**

*Capital Cup*

Open Stretch – 8:00am

March-in/Competition – 8:20am

**Following the conclusion of this session, the Level 5 team awards will be presented**

### **SESSION 5 – Levels 9**

*Capital Cup*

Open Stretch – 1:00pm

March-in/Competition – 1:20pm

## **SESSION 6 – Levels 9 and Level 8**

*Capital Cup*

Open Stretch – 5:00pm

March-in/Competition – 5:20pm

**Following the conclusion of this session, the Level 8 and 9 team awards will be presented**

## **Sunday, April 6<sup>th</sup>:**

### **SESSION 7 – Level 10 Jr**

*Capital Cup*

Open Stretch – 8:00am

March-in/Competition – 8:20am

### **SESSION 8 – Level 10 Sr**

*Capital Cup*

Open Stretch – 12:30pm

March-in/Competition – 12:50pm

**Following the conclusion of this session, the Level 10 team awards will be presented**